



VENUE IN BALI *Samyama*

Our Advanced Teacher Training Courses in Bali are hosted by Samyama, a small family style Italian-run retreat center at the southern edge of Ubud. Samyama is located in a quiet neighborhood and enclosed by

two small rivers, palm trees and the typical Balinese rice paddies. The venue, nestled in a lush tropical setting, provides a peaceful escape, while still being within reach of the bustling town.



The center is just a 20-minute walk away from Ubud, the cultural center and Yoga capital of Bali. You will love this legendary exotic town, with its impressive traditional temples, art galleries, organic restaurants, colorful markets, massage parlors, and more. Samyama has several types of accommodation suiting different budgets, and delicious food in its plant-based restaurant.



ACCOMMODATION

Samyama offers the choice between budget accommodation in simple single rooms or dormitory with shared bathrooms, and a more luxurious stay in the next door villa in deluxe single size studios or shared twin space with private bathroom. Your stay at Samyama comes with regular room-cleaning service, free Wi-Fi and drinking water.



CHOICES

The simple single rooms are equipped with comfortable queen size beds, wardrobe space, fans, and hot showers in shared bathrooms (1).

The dorm room is shared with 4 people and has comfortable single size bunkbeds, private storage space, fans, and hot showers in shared bathrooms (2).

The deluxe studios come with king size bed, air conditioning, walk in closet, and private bathrooms with a hot shower and a bath tub (3).

The deluxe semi-private loft room has two king size beds each with mosquito netting, fan, and shared private bathroom with hot shower (4).

The villa has a spacious shared living space with kitchen, comfy in- and outdoor seating areas, and a pool overlooking the ricefields.



FOOD

Samyama has a happy healthy plant-based restaurant that offers freshly prepared meals with mostly organic and local ingredients all day long.

The course tuition includes vegetarian breakfast that usually consists of a nourishing grain base with fresh tropical fruit, nuts & dry fruit, and nut milk on all course days.



The center additionally offers the convenient option of a meal plan for lunch that covers the entire course at a very fair price.

The vegetarian lunch buffet consists of a variety of vegetable stews, curries, legumes and grains, and a choice of salads. Lunch is served Monday-Saturday.

Dinner is to be enjoyed a la carte at Samyama or at one of the close by restaurants.

INVESTMENT

YTT 200

Simple Room Single - US \$ 350

queen size bed & shared bathroom

Simple Room 4-bed Dorm - US \$ 180

bunk bed & shared bathroom

Deluxe Villa Studio - US \$ 750

king size bed & private bathroom

Deluxe Villa Semi-Private Loft Room- US \$ 480

king size bed & shared private bathroom

Lunch Buffet - US \$ 130

YTT 300

Simple Room Single - US \$ 550

queen size bed & shared bathroom

Simple Room 4-bed Dorm - US \$ 250

bunk bed & shared bathroom

Deluxe Villa Studio - US \$ 1200

king size bed & private bathroom

Deluxe Villa Semi-Private Loft Room- US \$ 600

king size bed & shared private bathroom

Lunch Buffet - US \$ 210



LOCATION

Samyama Meditation Center
Jl. Cempaka, Banjar Kumbuh, Mas, Ubud
Gianyar, Bali 80571, Indonesia
www.Samyama.com

BOOKING

For room reservations and lunch plan bookings, please contact us at
Admin@AkashaYogaAcademy.com

Arrival day is course start day, and departure day is the day after graduation.

All prices are per person and come with an additional 5% transaction fee.